


Who You Should Refer

- Parents of children struggling with anxiety, depression, trauma, or other non-chronic mental health concerns
- Parents experiencing anxiety, depression, trauma, emotional distress, or other non-chronic mental health concerns
- Families seeking support for loved ones with non-chronic mental health conditions
- Caregivers and support persons looking for resources and guidance
- Families seeking a safe and non-judgmental space to process their emotions and work toward healing

How You Can Refer A Family

- Simply click on the  button on the homepage to fill out the electronic form
- Make a referral in under 5 minutes! Our HIPAA-compliant platform makes it easy to refer someone

What Your Health Care System Gains

- **Streamlined Referral Process:**
 - Partner with our team to simplify the referral process, allowing your staff to focus on patient care while we handle the mental health and wellness needs of your patients.
- **Integrated Care:**
 - Work closely with our licensed clinicians to develop individualized plans for patients, ensuring seamless coordination and support for their mental health and wellness needs.
- **Enhanced Patient Outcomes:**
 - Leverage our expertise to provide comprehensive mental health and wellness services, ensuring that your patients receive the support they need to thrive.
- **Access to Specialized Services:**
 - Partner with us to provide patients with access to critical health services that may not be available in their area, giving them the support and resources they need to address their mental health and wellness needs

Substantial Benefits

- **Instant Access:** We have eliminated wait times and ensured timely support
- **Convenience:** Families do not have to travel, miss work or class to attend a therapy session
- **Flexible Payment Options:**
 - FSA/HSA payments for therapy and coaching sessions
 - PDSES payments for therapy and coaching sessions
- **Note on Insurance:** At this time, we only accept out-of-pocket payments for our services



Dawn Health

Expert Guidance for Tweens (7 to 12), Teens (13+), Parents & Caregivers on:

- Social anxiety and self-confidence
- Body image concerns and self-acceptance
- Emotional regulation and stress management
- Peer pressure and self-esteem
- Cyberbullying and online safety
- Non-chronic mental health concerns (anxiety, depression, grief, ADHD, etc.)
- Bullying
- Self-esteem issues
- Trauma
- Nutrition, sleep, and exercise

Personalized therapy and coaching for:

- Mental health concerns
- Parenting challenges and stress
- Supporting your child's mental health and wellbeing
- Supporting academic and extracurricular pursuits
- Bullying
- Self-esteem issues
- Trauma
- Nutrition, sleep, or exercise challenges



Supporting Families and Children in Navigating Psychological Entropy



PROACTIVE & AFFORDABLE

- CARE BEFORE SYMPTOMS WORSEN
- LOWEST COST FOR TEXAN FAMILIES



ACCESSIBLE & CONVENIENT

- NO WAIT TIMES TO SEE A THERAPIST
- NO NEED TO SKIP WORK OR CLASS TO GET CARE

Refer a family at



www.dawnhealth.care